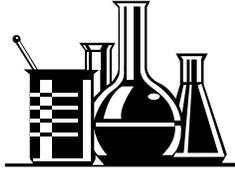


**COMMUNITY SERVICES DIVISION**

**BERLIN PUBLIC HEALTH  
HOME HEALTH NURSING SERVICES  
EMERGENCY MANAGEMENT**

**PUBLIC HEALTH SERVICES**



The Public Health services offered through the department were in keeping with the ten primary public health goals –

1. Prevent public health problems
2. Protect the public from health problems
3. Promote healthy behaviors
4. Monitor health status
5. Mobilize community action when needed
6. Respond to disasters
7. Assure quality medical care
8. Reach out to the community
9. Research new ideas and insights
10. Lead in the development of sound health practices

The Health Officer executed housing, restaurant and other health related inspections during the year. <sup>Berlin continues to</sup> Inspections also included foster care inspections, school inspections, and day care inspections. Many inspections are required by law, while some were prompted by citizen complaints.

**HOME HEALTH NURSING**

The Home Health Visiting Nurse program continued providing home health care for area citizens. Services were provided to residents of Berlin, Milan, Gorham, Shelburne, and Randolph. Home Health Nursing provides individuals with skilled nursing services, occupational, physical and

speech therapy services, as well as home health aide assistance in their homes. The Home Health program provides services to private pay patients, Medicare, Medicaid and private insurance patients. Some of the services provided include medication assistance, disease related care, all forms of therapy, hospice, home health aide services and many more home health services.



<b>HOME HEALTH SERVICES</b>	
HOME HEALTH PATIENTS	272
HOME HEALTH SKILLED NURSES VISITS	4173
PHYSICAL THERAPY VISITS	521
OCCUPATIONAL THERAPY VISITS	15
HOME HEALTH AIDE VISITS	2432
HOMEMAKER SERVICES	60
HOME PATIENT FLU VACCINES	408

**PUBLIC HEALTH CLINICAL STATISTIC**

	PATIENTS	VISITS
PRIVATE PAY	355	392
MEDICARE	138	260
NO CHARGE- OUT PATIENT	51	127
NC- PRESCHOOL	9	23
NC- OTHER/SCHOOLS	280	355
NC-ADULTS	48	50
NC – OTHER	580	737

Berlin continues to be one of the few communities to continue to have a Public

Health Clinic. Our Clinic nurses continued to provide preventative clinics and promotion of healthy behaviors at our Main Street offices, at other business locations, at local housing locations and at offsite public clinics.

This service provides basic health information and testing services on a walk in basis to citizens who can monitor basic health conditions at a reasonable cost to compliment their doctor visits and orders.

Typical clinics include blood pressure monitoring, blood sugar monitoring, foot clinics, flu vaccination clinics and other preventative services.

**PUBLIC HEALTH NURSING  
SERVICES in FY 2008**

Wal Mart Blood Pressure Clinic	560 People
City Employee Flu Vaccination	86 People
Public Cholesterol Clinics	270 People
ISSI Flu Clinic	86 People
Head Checks	76 People
Pneumonia Vaccination	5 People
Hepatitis B	5 People
Mantoux (TB) Testing	293 People
In Office Foot Clinic	133 People
Northern Lights On Site Clinics	147 Visits
Northern Lights Foot Clinic	42 People
St. Regis On Site Clinics	103 People
Diabetic Screening	285 People
Holiday Center On Site Clinics	60 People
Gorham Resource Center Clinics	116 People
Public Flu Vaccination Clinics	408 People

**EMERGENCY MANAGEMENT**



The Berlin Emergency Management Committee was active in regional planning for All Hazard Pandemic. The department continued to chair the committee that developed all hazard response plans for the City and the region. Specifics of this planning year included the creation of an Acute Care Center plan and a Neighborhood Care Center plan. These plans reflect the community's effort to build a stronger health provider team response to catastrophic events.