

COMMUNITY SERVICES DIVISION

**PUBLIC HEALTH &
HOME HEALTH NURSING SERVICES**

EMERGENCY MANAGEMENT

Public Health Services

In an effort to keep our department current with public health trends and needs the Public Health services offered through the department were in keeping with the ten primary public health goals:

1. **Prevent** public health problems
2. **Protect** the public from health problems
3. **Promote** healthy behaviors
4. **Monitor** health status
5. **Mobilize** community action when needed
6. **Respond** to disasters
7. **Assure** quality medical care
8. **Reach Out** to the community
9. **Research** new ideas and insights
10. **Lead** in the development of sound health practices

Health Officer

The health officer executed numerous housing, restaurant and other health related inspections during the year. Inspections also included foster care, school, and day care inspections. Many inspections are required by law, while some were prompted by citizen complaints. Inspections are provided to protect citizens, business owners, building tenants and others from the danger caused when sanitary, healthy services and conditions are not met.

Home Health Nursing

The Home Health Visiting Nurse Program services were provided to residents of Berlin, Milan, Gorham, Shelburne, and



Randolph. Home Health Nursing provides individuals with skilled nursing services in occupational, physical and speech therapy

as well as home health aide assistance in their homes. The Home Health Program provides services to private pay patients, Medicare, Medicaid and private insurance patients. Home Health services allow patients to stay in their homes with dignity and family support while receiving quality medical support.

| HOME HEALTH SERVICES | |
|-----------------------------------|------|
| Home Health Patients | 151 |
| Home Health Skilled Nurses Visits | 3568 |
| Physical Therapy Visits | 362 |
| Occupational Therapy Visits | 126 |
| Home Health Aide Visits | 1656 |
| Homemaker Services | 50 |
| Speech Therapy | 93 |

Public Health Clinic



Berlin continues to be one of the few communities to continue to have a Public Health Clinic which provides preventative clinics and preventative behaviors. On a daily basis citizens can come to our Main Street offices for assistance from a nurse. This service provides basic health information and testing services on a walk in basis. Citizens can monitor basic health conditions at a reasonable cost to compliment their doctor visits and orders. Our nurses also do on-site business clinics.

Typical clinics include blood pressure monitoring, blood sugar monitoring, foot clinics, flu vaccination clinics and other preventative services. These clinics are done in our office as well as at community settings such as Issacson Structural Steel, Northern Lights Housing and WalMart.

| Method of Payment | Patients | Visits |
|-------------------|----------|--------|
| Private Pay | 253 | 257 |
| Medicare | 105 | 195 |
| NC – Out Patient | 42 | 111 |
| NC- Preschool | 8 | 8 |
| NC-Other/Schools | 202 | 209 |
| NC-Adults | 16 | 19 |
| NC – Other | 255 | 392 |

*NC = No Charge

Public Health Nursing Services

| Service | Participants |
|--------------------------------|--------------|
| WalMart Blood Pressure Clinics | 210 |
| Flu Vaccination | 708 |
| Public Cholesterol Clinics | 194 |
| ISSI Flu Clinic | 86 |
| Head Checks | 249 |
| Pneumonia Vaccination | 3 |
| Hepatitis B | 1 |
| Mantoux (TB) Testing | 255 |
| In – Office Foot Clinic | 185 |
| Northern Light Foot Clinic | 15 |
| St. Regis On Site Clinics | 135 |
| Diabetic Screening | 125 |
| Holiday Center On Site Clinics | 103 |
| Gorham Resource Center Clinics | 173 |

Emergency Management



The Health Officer, in her role as Emergency Management Director continued to work with the city, region and State to prepare for emergencies

that could affect our citizens. Public health emergencies were the primary thrust of our planning. Avian Flu, SARS, and Swine Flu were all conditions of note in these planning efforts.

The Health Officer also led a staff committee that updated the City Emergency Operations Plan and Hazard Mitigation Plan.

